

The Perspective Game

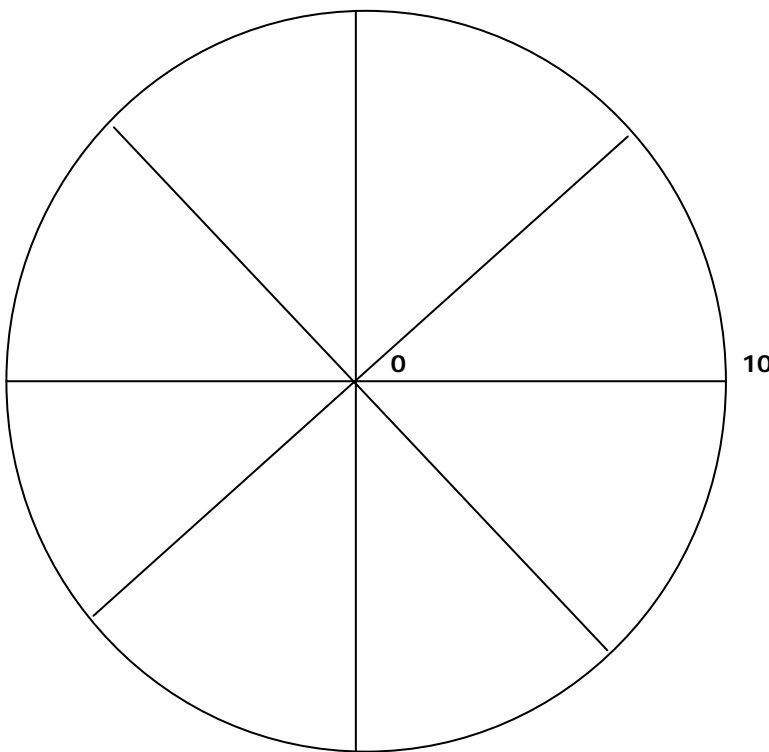
ENQUIRY: Where do I go next in my life?

Name: _____

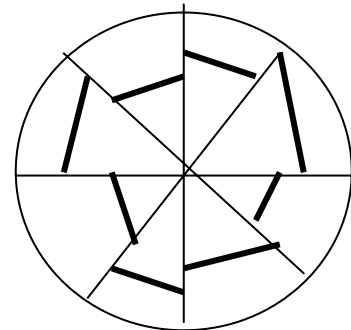
Date: _____

Instructions:

- ✿ Use the segments on the Wheel to think of 8 different perspectives or possible answers to the enquiry. *Think POSSIBILITY and not probability. In order to get a full picture you need a full range of answers!*
- ✿ Now give each segment a title, name or option that answers the enquiry and is meaningful to you.
- ✿ Next consider the enquiry question from the perspective of each segment of the circle. Allow 1-2 minutes for each as I want you to really get into the experience.
 - Think about what you might be hearing, seeing, feeling (even tasting and smelling!) from each perspective.
 - What would "a day in the life" be like for each segment or perspective?
- ✿ Now, with the centre of the wheel as 0 and the outer edge as 10, rank each perspective according to **how much you are attracted to it** by drawing a straight or curved line to create a new outer edge (see example).



Example



Finally, answer these questions:

1. Which segment did I respond most strongly to?
 2. Which segment had the weakest response?
 3. Which perspective was hardest to adopt?
 4. What have I learned about myself?
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